



Appearance and Grooming Modifications

Information to accompany the HQDA G1 ALARACT

HQDA G1 Uniform Policy Branch

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Purpose

- ❑ These slides are information only, not policy. The information in the following slides contain extracted information from the ALARACT and coincide with the announcement made 26 January 2021 by the SMA and Army G1.
- ❑ The information provided helps to inform and display examples of the recent amendments to appearance and grooming standards.
- ❑ The ALARACT serves as the standard until the next update of AR 670-1 and DA Pam 670-1.



Highlights (Uniform Blend of Colors)

- ❑ Amend paragraph 3-2a.(1)(b) to authorize male and female soldiers to wear highlights (a uniform blend of colors) with natural colors as long as it represents a professional and natural appearance.
- ❑ Colors must blend naturally together as to not display a vast difference between shades of natural colors (ie. natural black hair with blonde highlights/streaks is not authorized).
- ❑ A prohibited/unnatural color such as but not limited to; purple, blue, green, pink, bright red, and fluorescent/neon colors. This also applies to hair extensions, wigs, and hairpieces.





Minimum Hair Length

- ❑ Amend paragraph 3-2a.(3)(a) to authorize no minimum hair length for female Soldiers.
- ❑ The hair may have a tapered appearance and if the hair does not part naturally, the Soldier may cut a part into the hair or style the hair with one part.
- ❑ The part will be one straight line, not slanted or curved, and will fall in the area where the Soldier would normally part the hair. Soldiers will not shape or cut designs into their hair or scalp.





Short Ponytail

- Amend paragraph 3-2a.(3)(b) to authorize medium length ponytails for female Soldiers who are unable to form a bun due to length and/or texture of hair.
- In all uniforms, the unsecured hair will be worn centered in the back of the head (placement of ponytail will not be on the side or the top of the head), be no wider than the width of the head, will not extend beyond the lower edge of the collar, and will not interfere with proper wear of authorized army headgear.

If the hair is long enough to place in a bun, the ponytail is not authorized – Example below.





Long Ponytails

- Amend paragraph 3-2.(3)(c, d, and j) to authorize female Soldiers to wear long ponytails in utility uniforms when conducting physical training or tactical operations. While walking to and from your designated area of physical training (formation) the long ponytail is authorized. If you are not actively participating in physical training your hair must be put in a bun.
- Additionally, while female Soldiers are wearing equipment such as but not limited to combat vehicle crewman (CVC) or advanced combat (ACH) helmets, they will be authorized to wear their hair in a ponytail and/or long braid and secured in their utility uniform top.

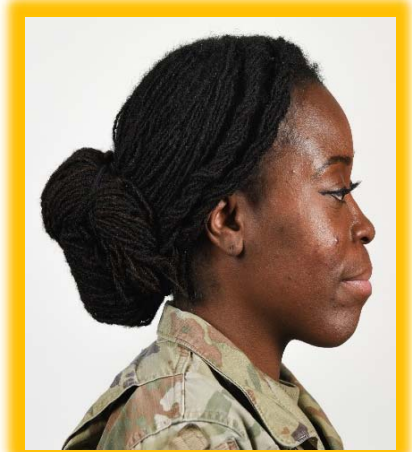
***Please consider safety considerations such as (ripping, tearing, pulled, tangled) due to hair being caught on an object/obstacle if hair is not properly secured.**





Multiple Hairstyles

- ❑ Amend paragraph 3-2a.(3)(f) to authorize female Soldiers to wear “multiple” hairstyles at once as long as they are neat in appearance and doesn’t impact the proper wear of headgear and equipment.
- ❑ Example, braided twists or loc hair style with a side twist to secure hair placed in a ponytail or two single cornrows encompassing all the hair going into a ponytail or a bun in the back of the head.
- ❑ Also, remove the restrictions of braids, cornrows, twists, and locs having the same dimensions and same approximate size of spacing between them.





Lipstick

- Amend paragraph 3-2b.(3) to authorize female soldiers to wear solid color shades of lipstick that are not extreme. Extreme colors include but are not limited to; purple, bright pink, bright red, gold, blue, black, hot pink, green, yellow, ombre and fluorescent/neon colors.
- Natural colors to include tinted glosses are authorized. The optional wear of lip liner, colors must match the shade of lipstick being worn.



****This is to provide a general overview of natural colors.**





Nail Polish

- Amend paragraph 3-2c to authorize female Soldiers to wear solid color shades of nail polish that are not extreme. Extreme colors include but are not limited to; purple, bright pink, red, gold, blue, black, hot pink, green, yellow, ombre and fluorescent/neon colors to include French manicure.
- Colors that are authorized to wear include but are not limited to nude/natural shades, American manicure and light pink. Nail shapes that are extreme and not authorized are ballerina, stiletto, arrow, and coffin. Square and rounded nails are authorized.
- Male Soldiers are authorized to wear clear nail polish while in service uniforms. Nails will not exceed $\frac{1}{4}$ inch from the tip of the finger.





Earrings

- Amend paragraph 3-4d to authorize female Soldiers the optional wear of earrings in the army combat uniform (ACU). Stud earrings may be screw-on, clip on, or post-type earring in gold, silver or diamond. Pearls are not authorized to wear in ACU but is authorized in formal attire (service or dress uniform).
- The earring will not exceed 6mm or ¼-inch in diameter, and they must be adorned (plain) or spherical (round). When worn, the earrings will fit snugly against the ear. Hoop, two-sided or drop earrings are not authorized.
- Female Soldiers may wear earrings only as a matched pair, with only one earring per standard ear lobe. Earrings are not authorized to be worn in the cartilage, industrial, transverse lobe, tragus, or conch part of the ear. Earrings will not be worn in field environments, combat related deployments, or locations where access to normal hygiene is not available.



****Unauthorized**



Removal of Offensive Wording

- ❑ Remove potentially offensive wording such as Mohawk, fu manchu, dreadlock, eccentric, and faddish and replace with appropriate terminology for unauthorized grooming and appearance standards.
- ❑ Define “professional appearance” as a *clean and well-groomed appearance*.





Diacritical Accents

Amend DA PAM 670-1, paragraph 21-25, (1)(a) authorizing diacritical accents and hyphens to Soldier's last names on nametapes and nameplates to army uniforms to accurately represent proper pronunciation of legal names.



Diacritics					
Diacritics may be placed above a symbol with a descender, e.g. ŋ					
Voiceless	n̥ d̥	Breathy voiced	b̤ a̤	Dental	t̪ d̪
Voiced	s̹ t̹	Creaky voiced	b̰ a̰	Apical	t̺ d̺
Aspirated	tʰ dʰ	Linguolabial	t̼ d̼	Laminal	t̻ d̻
More rounded	ɔ̞	Labialized	tʷ dʷ	Nasalized	ẽ̃
Less rounded	ɔ̝	Palatalized	tʲ dʲ	Nasal release	dⁿ
Advanced	u̟	Velarized	tˠ dˠ	Lateral release	dˡ
Retracted	e̠	Pharyngealized	tˤ dˤ	No audible release	d̚
Centralized	e̞	Velarized or pharyngealized	ɫ		
Mid-centralized	e̟̞	Raised	e̝ (ɹ̝ = voiced alveolar fricative)		
Syllabic	ŋ̩	Lowered	e̞ (β̞ = voiced bilabial approximant)		
Non-syllabic	e̯	Advanced Tongue Root	e̟		
Rhoticity	ə̰ ɑ̰	Retracted Tongue Root	e̠		





Updating Imagery

- The future revisions of Army Regulation and DA Pamphlet 670-1 will provide updated imagery and examples to equip the army with specific examples for standards in regard to appearance and grooming.
- Up to date images will reflect authorized and unauthorized hairstyles, nail shapes and color, lipstick colors and earrings to assist leaders with clear and concise guidance.





Questions

